

: *What is habituated decision making?*

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Many people develop decision making habits. Rather than thinking and evaluating a situation, simple rules or habits guide choices. Managers develop daily routines, like check the inventory, review orders, and in some situations make repetitive daily decisions for purchasing and scheduling. Habituation simplifies decision-making. Managers who do not recognize their habituated decision making are unable to reflect on needed changes or limitations of their decisions. Habituation has advantages in that it is often a time saver and increases thoroughness and reduces some stress and even errors. One danger is that habituated decision making may be a target for decision automation.

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